







Tuesday 1 August is the excursion day of the conference, and you can choose from three great offers under the conference's motto.

#### Sustainability: We care about nature Guide: Anne, scout, guide and tour leader

We shall visit Vejlerne, where former farmland is now given back to nature. There are wetlands and reed forest – one of Northern Europe's most important bird reserves.

The west coast of Jutland is very special with wide sandy beaches and big waves. We drive to Nørre Vorupør, known for its fishing boats on the beach and the company "Strandet", which exploits plastic collected on the beach. On the way we stop at the surfer paradise Cold Hawaii.

### **Togetherness: Hike**

*Guide: Mette, scout and author of the books "Everyday Adventures" and "Food on the Fire"* 

We are driven to Fossdalen and Lien, a uniquely beautiful cultural and historical nature area, where we walk about 10 km with a lunch break along the way. The paths are good and the guide tells about the area and answers questions.

**Currencies in Denmark?** The vast majority of shops in Denmark accept international payment cards such as VISA and Eurocard. Please note, however, that if you want to buy wine or beer with your meal at

### Inspiration:

We draw inspiration from the past for the future Guide: Jane, archaeologist, guide and tour leader

We explore the Viking Age with enmark's largest ring fortress Aggersborg, and we visit the museum Lindholm Høje with Viking graves and exhibitions.

We also go further besk in time, to 5,000 BC, and visit the Stone Agocentre Ertebølle, which has given its name of the oldest culture in Denmark.

On the way visit Aalborg overlooking the Limfjord. Here we hear about the city's journey from industrial city to knowledge city.

Viking graves at Lindholm Høje north of Aalborg



Ranum Efterskole College (our very tasty tap water is freely available for all meals), you **must** pay in cash (DKK or  $\epsilon$ ). DKK can be withdrawn in Ranum, the nearest ATM with  $\epsilon$  is in Løgstør.

30<sup>th</sup> July – 3<sup>rd</sup> August 2023 Ranum, Denmark Web: isgf-euro2023.dk Email: isgf-euro2023@sct-georg.dk

# Creative Ranum

Nature means a lot to our well-being. Therefore, it will also be possible to use it in many different ways.

We can find different edible plants that can perhaps be baked into a loaf of bread or used in a salad.

Many of these plants grow throughout Europe, such as dandelion (taraxacum), stinging nettle (urtica dioica) and swallow cabbage (aegopodium podagraria).

We can also collect plants and flowers to press. There are many uses for them e.g. on cards, small pictures or putting them on the stationery we make. Every morning there will be an opportunity for a short or longer hike in the area of Ranum Efterskole College. If you want to participate in this activity, it is a good idea to bring clothes and shoes for this.

## A grab bag

The activities we have told you about in the newsletters will be available at certain times, but should you feel like engaging in some creative activities at other times, there will be a "grab bag" with many other activities. There will be materials and instructions on what you can do with the materials.

So: look forward to some exciting and creative days in Ranum.

## Dress code at Ranum?

The short answer is no. The European Conference has no dress code. However, as there are various indoor activities, a conference day (for the delegates), an excursion day and the opportunity to see some of the area around Ranum Efterskole College on your own, a



campfire evening – and a gala night, we recommend that you bring clothes and footwear suitable for the various activities.



For the gala night, many participants will probably wear "slightly finer" clothes than everyday clothes, but no one is expected to come in actual party clothes. At various international feasts, some fellowship members turned up in their country's beautiful national dress, which is of course festive. But of course you decide for yourself.

## Smoking at Ranum Efterskole College?

The Danish smoking law sets rules for indoor smoking in public buildings – including schools for children and young people, where the law also sets rules for smoke-free outdoor areas.

The law gives everyone a right not to be exposed to passive smoking when moving and staying in places where everyone can come.

Ranum Efterskole College, which currently accommodates approximately 500 young people, is a smoke-free school both indoors and outdoors. This applies to tobacco of all kinds – including snuff and e-cigarettes. That's why fresh fruit is always available – also for the participants in the European Conference.

During our stay at Ranum Efterskole College we will create some outdoor areas where smoking will be allowed.

Smoking will also be allowed outside the school premises, but only where otherwise permitted by local regulations.

We must be considerate of each other and especially of all those who cannot tolerate smoke for health reasons.